



Life Changing Innovation

**ARE YOU SUFFERING
FROM LOW BACK PAIN?**



Understanding Back Pain



PAIN AND MUSCLE FATIGUE

Around the site of an injury or strain, back muscles naturally tighten to prevent further damage. Unfortunately, this muscle-guarding phenomenon overworks these muscles leading to muscle spasm and pain.

The Benefits of Bracing



MAXIMUM SUPPORT AND TRUNK STABILITY

Research shows that inelastic braces are significantly more effective at improving trunk stability than elastic braces¹, a key factor in relieving muscle spasms which cause pain. Increased trunk stability reduces the load on overtaxed muscles so tightened and fatigued muscles can relax. Aspen braces are inelastic by design and feature an innovative tightening mechanism that delivers localized compression directly to these overworked muscles to provide relief. The self-adjusting back panel then conforms precisely to your lower spine to deliver customized support.



**“WHILE WEARING THIS BRACE,
I HAVE NEVER FELT BETTER.”**

Julie, Patient

The Right Brace for Every Need

LOW PROFILE DESIGN, COMFORTABLY
FITS UNDER CLOTHING

BRACES AVAILABLE FOR VIRTUALLY
ALL BODY TYPES

LOCALIZED COMPRESSION FOR MAXIMUM
TARGETED SUPPORT

EASY TO TAKE ON AND OFF

LIGHTWEIGHT, BREATHABLE AND
WASHABLE MATERIALS

BACK PANEL NATURALLY CONFORMS TO MATCH
THE CURVE OF YOUR LOWER BACK

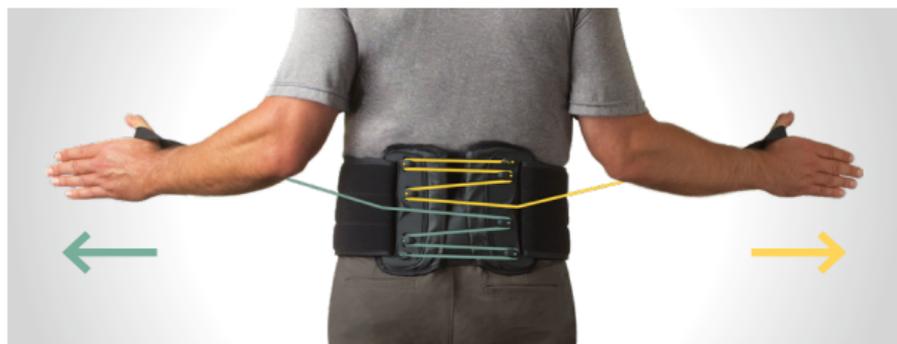


Clinically Tested Products

Clinical research has shown that back braces have long been used to provide relief from low back pain.² Results support that wearing a lumbar belt assists in subacute low back pain to improve significantly the functional status, pain level and medication consumption.³ Bio-mechanical research further demonstrates that inelastic braces provide increased trunk stiffness and limited trunk motion which could alleviate the symptoms associated with muscle fatigue, causing spasms and pain.¹ Aspen braces are inelastic by design and are backed by years of innovative research and development, bringing patient care to a whole new level.

1. Cholewicki J, Lee AS, Reeves NP, Morrisette DC. Comparison of trunk stiffness provided by different design characteristics of lumbosacral orthoses. *Clinical Biomechanics*. 2010;25(2):110-114.
2. Jellema P, Bierma-Zeinstra SM, Van Poppel MN, Bernsen RM, Koes BW. Feasibility of lumbar supports for home care workers with low back pain. *Occup Med (Lond)*. 2002 Sep;52(6):317-23
3. Calmels P. Effectiveness of a Lumbar Belt in Subacute Low Back Pain. *SPINE*. 2009; 34(3):215

Targeted Compression



Aspen's patented SlickTrack™ 4:1 compression mechanism offers targeted support and easy tightening regardless of strength. Featuring an independent upper and lower compression system, pulling the right pull tab compresses the upper portion of the brace while pulling the left pull tab compresses the lower portion. This allows for localized compression where needed to support tight muscles which can cause pain.

Frequently Asked Questions

Can Aspen Braces be worn under clothing?

Yes, Aspen braces can be worn underneath clothing, but a cotton undershirt is recommended for enhanced comfort.

Will my health insurance pay for an Aspen brace?

Medicare and most private health insurance companies do offer coverage for this treatment option. Consult Medicare or your insurance carrier to verify coverage.

ASPEN MEDICAL PRODUCTS

Over the years, Aspen has brought numerous spinal care innovations to market. Backed by years of innovative research and development, Aspen products have helped countless patients get back to the activities they care about. Quality products with features that make a positive difference is the reason why Aspen Medical Products is the industry leader in spinal orthotics.

ASK YOUR DOCTOR TODAY
if an Aspen brace is right for you

“MY PAIN DISAPPEARED IMMEDIATELY.”

Gary, Patient



Testimonials were received in various forms through a variety of submission methods. The testimonials reflect the real-life experiences of individuals who used our products. However, individual results may vary. Testimonials are not necessarily representative of what anyone else using our products may experience. The people giving testimonials may have received a free product or a discount for use of their experiences. The testimonials displayed are given verbatim except for grammatical or typing error corrections. Some testimonials may have been edited for clarity or shortened in cases where the original testimonial included additional information of no relevance to the general public.

ASPEN MEDICAL PRODUCTS

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